

Snohomish County  
**TGNC**  
Resource Guide



**THANKS TO OUR COVER ARTIST,  
BEK BRUCKER.**

<https://www.facebook.com/bdbruckerart>

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# ABOUT THIS GUIDE

Greetings! This guide was put together through the efforts of Ingersoll Gender Center. We also relied on the support of community leaders throughout the process of building these guides.

This guide is meant for trans and/or gender non-conforming folks who are navigating resources in Snohomish County. We've built this guide through surveys, meetings, listening sessions, and community conversations. We recognize that many of the resources listed in this guide are not long term solutions. To the best of our ability, we have vetted them to ensure that they are familiar with the trans and gender non-conforming communities. Some of them are used to working with our communities, some have more work to do. We look forward to a world in which all trans and gender diverse folks are able to access resources without worrying about their safety and well-being. We also know that our communities are resilient. Trans and/or gender non-conforming communities have been here since people have been in what we now call Washington state, and we will continue to leverage these resources the best we can to live the lives we deserve to live.

**We hope you find this guide useful, and that you may see bits of yourself in here. Support is here and available to help you in navigating these resources.**

# COVERED BY APPLE HEALTH?

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## **WONDERING WHAT SORT OF GENDER-AFFIRMING MEDICAL SUPPORT YOU CAN GET? CHECK OUT THE INFORMATION BELOW.**

If you have further questions, or need support navigating your insurance and/or finding a provider, contact Ingersoll's Health Care Access team at [health@ingersollgendercenter.org](mailto:health@ingersollgendercenter.org) or call 206 849-7859 Monday through Thursday 10am to 6pm.

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## **THE FOLLOWING PLANS ARE UNDER APPLE HEALTH, AS MANAGED CARE PLANS:**

- Amerigroup
  - Community Health Plan of Washington
  - Coordinated Care of Washington
  - Molina
  - United Healthcare
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## **GENDER AFFIRMING CARE COVERED BY THESE PLANS:**

- Hormone Replacement Therapy
  - Mental Health Care
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## **GENDER AFFIRMING CARE COVERED BY FEE FOR SERVICE\* (PROVIDER ONE TEAL CARD)**

- Breast reconstruction
- Genital surgery
- Genital electrolysis as required as part of the genital surgery
- Hysterectomy

- Mammoplasty with or without chest reconstruction
- Metoidioplasty
- Orchiectomy
- Phalloplasty
- Placement of testicular prosthesis

\*This means that if the provider/surgeon you choose accepts Apple Health; your surgical transition related care will also be covered & authorized by the Health Care Authority.

*Note: Any trans related care is pursuant to WAC 182-531-1675 Washington State Apple Health- Gender Dysphoria Treatment Program.*

## More questions?

If you're looking for more information about gender affirming care for Apple Health clients, check out: <http://bit.ly/2zfygj7>

**If you're looking for a provider, check out Ingersoll's provider database: <http://bit.ly/IGCProData>**

# RURAL RESOURCES ACKNOWLEDGEMENT

We know our tgnc community living in rural places have particular questions, barriers, and access needs when navigating resources. Often, the resources we need are far away, or the ones nearby have a long way to go in being culturally competent to our communities.

We've listed a few resources that are specific to some of the rural community in Snohomish County in this guide. Some of these resources did not pass our vetting standards, but we are aware most of these organizations don't have capacity to complete trainings to best serve our communities.

With that in mind, here are some helpful questions and things to ask potential providers and resources:

- Do you require government ID to access any of your resources?
- Are any of your resources gender specific?
- Have you worked with folks from the tgnc community before?
- Is your organization faith based?
- Do you provide any support or resources for transportation?

We also know that our rural trans and/or gender non-conforming communities are organizing, building resources, and community. The following are some local, state-wide, and national resources that can provide support and/or connection to a broader group of rural TGNC folks.

## Washington State

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### **TRANS ADVOCACY IN RURAL PLACES (TARP)**

 <https://www.lavenderrightsproject.org/tarp>

## National Resources

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### **QUEER APPALACHIA**

 <https://www.queerappalachia.com>

### **LGBT MAP**

 <http://www.lgbtmap.org/>



# CRISIS SUPPORT & BASIC NEEDS


\*LEGEND OF ICONS ON BOTTOM OF PAGE

## DOMESTIC VIOLENCE SERVICES SNOHOMISH COUNTY



 <https://dvs-snoco.org>

 [info@dvs-snoco.org](mailto:info@dvs-snoco.org)


 (425) 258-4428

 3010 Grand Ave, Everett WA

Food, clothing, shelter, safety planning, case management, legal advocacy, support groups

## YWCA SNOHOMISH COUNTY

 <https://www.ywcaworks.org>


 (206) 461-4888

 Multiple, call for specific location

Emergency shelter, permanent housing, DV advocacy & legal services, clothing for employment

## DSHS - COMMUNITY SERVICES OFFICES- EVERETT

 <http://bit.ly/washingtondshs>

 (877) 501-2233

 840 N Broadway Ave Suite 200, Everett, WA

 M-F 8am - 5pm

DSHS benefits including EBT, financial assistance with ID documents, financial assistance with housing & basic needs

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## **DSHS - COMMUNITY SERVICES OFFICES- ARLINGTON**

 <http://bit.ly/washingtondshs>

 (877) 501-2234

 3704 172nd St NE Suite P, Arlington, WA


 M-F 8am - 5pm

DSHS benefits including EBT, financial assistance with ID documents, financial assistance with housing & basic needs

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## **DSHS - COMMUNITY SERVICES OFFICES- LYNWOOD**

 <http://bit.ly/washingtondshs>

 (877) 501-2235

 20816 44th Ave W #202, Lynnwood, WA


 M-F 8am - 5pm

DSHS benefits including EBT, financial assistance with ID documents, financial assistance with housing & basic needs


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## **COMMUNITY RESOURCE CENTER OF STANWOOD CAMANO**

 <http://www.crc-sc.org>

 (360) 629-5257

 9612 271st Street NW Stanwood, WA


 M, T, Th, F 9am - 5pm, W 10am - 5pm

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## **UNITED WAY SNOHOMISH COUNTY**

 <https://www.uwsc.org>

 [info@uwsc.org](mailto:info@uwsc.org)

 (425) 374-5500

 3120 McDougall Ave, Everett, WA


 M-F 8:30am - 5pm

211, emergency financial assistance, case management

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## SNO-ISLE LIBRARIES

 <https://www.sno-isle.org>

 (360) 651-7000

 Multiple locations

Classes, community events, employment support

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## EVERETT RECOVERY CAFE

 <https://www.everettrecoverycafe.org>

 [info@everettrecoverycafe.org](mailto:info@everettrecoverycafe.org)

 2624 Rockefeller Ave, Everett, WA

Peer support, addiction support, classes, meals


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# FOOD SUPPORT & FOOD ACCESS

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## OUR COMMON GROUND

 <http://www.ocgeverett.org>

 [luke@ourcommontablechurch.org](mailto:luke@ourcommontablechurch.org)

 2624 Rockefeller Ave, Everett, WA

 Tu & Th 9am - 12pm

Resources & referrals, hot meals

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## EDMONDS UNITED METHODIST CHURCH

 <https://edmondsumc.org/community-outreach>

 (425) 778.2119

 828 Caspers Street Edmonds, WA

 M-Th 8am - 4pm

Food bank, basic needs, thrift store, faith services


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# HEALTHCARE

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## COMMUNITY HEALTH CENTER SNOHOMISH COUNTY

 <https://www.chcsno.org/services/hiv aids/>


 (425) 551-6200


 M-Th 8am - 7pm, F & Sa 8:30am-4pm

Free/low cost HIV & AIDS support, case management, financial assistance

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## COMPASS HEALTH - EVERETT

 <https://www.compasshealth.org/locations/>

 (425) 349-7289


 3322 Broadway Everett, WA

Multiple locations in Snohomish county; behavioral health support & services

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## DENTAL RESOURCE LINE

 <http://bit.ly/snoho-dental>


 (425) 339-5219

Listing of low cost dental services

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## PROVIDENCE HOSPICE & HOME CARE OF SNOHOMISH COUNTY

 <http://bit.ly/snoho-hospice>

 (425) 261-4800

 2731 Wetmore Ave Suite 500, Everett, WA

Medical appointments, hospice care, home care

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## SEA MAR MEDICAL CLINICS- MARYSVILLE

 <https://www.seamar.org/services-snohomish.html>

 (360) 653-1742

 9710 State Avenue Marysville, WA


 M-F 8am - 5pm, Tu 8am - 9pm

Medical appointments, pharmacy & dental services (at some locations)

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## SEA MAR MEDICAL CLINICS- MONROE

 <https://www.seamar.org/services-snohomish.html>

 (360) 282-3885


 17707 W. Main St., 1st Fl Monroe, WA

Medical appointments, pharmacy & dental services (at some locations)


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## SEA MAR MEDICAL CLINICS- EVERETT

 <https://www.seamar.org/services-snohomish.html>

 (425) 312-0202

 1920 100th Street SE, Building B Everett, WA


 M, Tu, Th, F 8am - 5pm, W 8am - 9pm

Medical appointments, pharmacy & dental services (at some locations)

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## PLANNED PARENTHOOD

 <http://bit.ly/33WZpFC>

 (800) 769-0045

 1509 32nd St, Everett, WA

 M & Th 10am - 6pm, Tu, F, Sa 8:30am - 4:30pm, W 9am - 5pm


Abortion services, STI & STD testing, HRT


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## AIDS OUTREACH PROGRAM

 <https://www.snohd.org/174/Injection-Drug-Use>

 (425) 514-9316

 Variable, check online

Needle exchange

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# HOUSING

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## COCOON HOUSE

 <http://www.cocoonhouse.org/>

 [info@cocoonhouse.org](mailto:info@cocoonhouse.org)

 (425) 259-5802

 3530 Colby Ave, Everett, WA


Youth shelter, housing, case management

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## DOMESTIC VIOLENCE SERVICES SNOHOMISH COUNTY

 <https://dvs-snoco.org>

 [info@dvs-snoco.org](mailto:info@dvs-snoco.org)

 (425) 258-4428


 3010 Grand Ave, Everett WA

Food, clothing, shelter, safety planning, case management, legal advocacy, support groups

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## HAND IN HAND

 <http://www.handinhandkids.org/#/home/welcome>

 (425) 374-2461


 9502 19th Ave SE, Suite F, Everett, WA

Finding housing, financial assistance(basic needs), DSHS benefits, employment support, utilities support, emergency support, resources & referrals

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## LUTHERAN FAMILY SERVICES: ARLINGTON COMMUNITY RESOURCE CENTER

 <https://lcsnw.org/program/family-support-centers/>

 (360) 386-7989


 18308 Smokey Point Blvd Arlington WA

Finding housing, financial assistance(basic needs), DSHS benefits, employment support, utilities support, emergency support, resources & referrals

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## LUTHERAN FAMILY SERVICES: EVERETT COMMUNITY RESOURCE CENTER

 <https://lcsnw.org/program/family-support-centers/>

 (425) 355-6005


 215 W Mukilteo Blvd, Everett WA

Finding housing, financial assistance(basic needs), DSHS benefits, employment support, utilities support, emergency support, resources & referrals

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## FAMILIAS UNIDAS LATINO COMMUNITY RESOURCE CENTER

 <https://lcsnw.org/program/family-support-centers/>  

 (425) 513-2880


 215 W Mukilteo Blvd, Everett WA

Finding housing, financial assistance(basic needs), DSHS benefits, employment support, utilities support, emergency support, resources & referrals

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## LUTHERAN FAMILY SERVICES: LYNWOOD COMMUNITY RESOURCE CENTER

 <https://lcsnw.org/program/family-support-centers/>

 (425) 670-8984

 By appointment


Finding housing, financial assistance(basic needs), DSHS benefits, employment support, utilities support, emergency support, resources & referrals

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## ESTHER'S PLACE

 <https://www.everetthelplink.org/esthers-place>

 (425) 750-5631


 2936 Rockefeller Ave, Everett, WA


 M-F 9am - 1:30pm

Day center, meals, classes, haircuts, medical care

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## PATHWAYS FOR WOMEN - YWCA

 <https://www.ywcaworks.org/programs/pathways-women>

 (425) 774-9843

 6027 208th St SW Lynnwood, WA


 M & T 9:30am - 5pm, W 1pm - 5pm, Th 9:30am - 5pm, F 10am - 4:30pm

Emergency shelter for mothers and children

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## EVERETT HOUSING AUTHORITY

 <https://www.evha.org>

 (425) 258-9222


 3107 Colby Ave, Everett, WA

Section 8, public housing, voucher programs

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## HOUSING AUTHORITY OF SNOHOMISH COUNTY HASCO

 <https://hasco.org>

 (425) 290-8499

 12711 4th Ave W, Everett, WA 98204


Housing options for seniors and disabled folks




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## FRIENDS OF YOUTH

 <http://www.friendsofyouth.org>

 [info@friendsofyouth.org](mailto:info@friendsofyouth.org)

 (425) 869-6490


 3116 NE 132nd Street, Kirkland, WA


Housing, case management, housing support, LGBTQ friendly

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## HOUSING HOPE

 <https://www.housinghope.org/>

 (425) 347-6556


 5830 Evergreen Way, Everett, WA

Emergency shelter, transitional housing, supportive homeownership, employment support, childcare support

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## INTERFAITH ASSOC. OF NW WA INTERFAITH FAMILY SHELTER

 <https://interfaithwa.org>

 (425) 200-5121

 P.O. Box 12824, Everett, WA

Emergency shelter, transitional housing support


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# DISABILITY SUPPORT & SERVICES

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## ARC OF SNOHOMISH COUNTY

 <https://www.arcsno.org/>

 (425) 258-2459

 2500 Hewitt Ave #300, Everett, WA

 M-F 10am to 3pm

Direct support, advocacy, peer support

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# LGBTQ SPECIFIC

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## AIDS PROJECT SNOHOMISH COUNTY

 <http://apscpages.com/>

 [information@apscpages.com](mailto:information@apscpages.com)


 3616 Colby Avenue Everett, WA

HIV/AIDS support, communitiy events, scholarships, meals and financial assistance


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## PFLAG

 <https://www.pflageverett.org/>

 (425) 405-5407

 Our Saviors Lutheran Church 215 Mukilteo Blvd, Everett, WA

 Sa 5pm - 7pm

Peer support, support group, community events

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## GLOBE YOUTH

 <http://bit.ly/globeyouth>

 [globeleaders@hotmail.com](mailto:globeleaders@hotmail.com)


 Support group, W 7pm - 9pm

Peer support, support groups, youth focused

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## LIFELONG

 <http://www.lifelong.org>

 (206) 957-1600

 3501 Colby Avenue, Suite 100, Everett, WA

Case management, food assistance, housing for folks who are HIV+

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## LAVENDER RIGHTS PROJECT

 <https://www.lavenderrightsproject.org>

 (206) 639-7955

 2425 6th Ave S, Seattle, WA

 M - F 10am - 5pm

Saturday and Sunday by appointment

By/for LGBTQ legal clinic, can provide support navigating name changes, civil and criminal legal matters, support for incarcerated community members

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## TRANSLIFE LINE

 <https://www.translifeline.org>

 [contact@translifeline.org](mailto:contact@translifeline.org) (non-emergency)


 (877) 565-8860 (help-line)

Provides 24/7 peer support crisis line (listed above), microgrants for ID document name or gender marker changes throughout US.

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## INGERSOLL GENDER CENTER

 [www.ingersollgendercenter.org](http://www.ingersollgendercenter.org)

 (206) 849-7859

 [info@ingersollgendercenter.org](mailto:info@ingersollgendercenter.org)

 911 E Pike St Suite 221, Seattle WA

 M-Th 10am - 6pm

Provides resource referrals, direct support, workshops, community events, advocacy, and community organizing for tgnc people across Washington State, financial assistance available

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## TRANSFORM WASHINGTON

 <http://transformwashington.com>

 [info@transformwashington.com](mailto:info@transformwashington.com)


 2014 E. Madison St, Suite 300 Seattle, WA 98122

Education, resources & referrals, visibility & connection to other tgnc people in WA state & the PNW

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## PRIDE FOUNDATION

 <https://pridefoundation.org>

 (800) 735-7287

 [craig@pridefoundation.com](mailto:craig@pridefoundation.com)

 2014 E. Madison St, Suite 300 Seattle, WA 98122

Scholarships, resource & referrals

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# LEGAL SUPPORT

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## SNOHOMISH COUNTY LEGAL SERVICES

 <https://snocolegal.org>

 [information@snocolegal.org](mailto:information@snocolegal.org)

 (425) 258-9283


 2731 Wetmore Ave # 410, Everett, WA


Legal support with housing, debt relief, bankruptcy, family law—offered free or low cost

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## NORTHWEST JUSTICE PROJECT

 <https://nwjustice.org/home>

 (425) 252-8515

 2731 Wetmore Ave suite 410, Everett, WA

 M-F 9am - 5pm


Low income legal support

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# COMMUNITY SPACES & SOCIAL EVENTS



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## SNOHOMO BINGO ✨

 <https://www.facebook.com/SnoHomo-Bingo-432753830093490/>  
Community events and social gatherings


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## SNOHOMISH COUNTY PRIDE FOUNDATION ✨

 <https://www.facebook.com/SnohomishPride/>  
 [info.snohomishcountypride@gmail.com](mailto:info.snohomishcountypride@gmail.com)  
Annual pride event for Snohomish County

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## SNOHOMISH COUNTY LGBTQ MEETUP GROUP ✨





 <https://www.meetup.com/Snohomish-LGBTQ>  
Social events, community events, peer support

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# RURAL RESOURCES

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## TULALIP TRIBES OF WASHINGTON

 <https://www.tulaliptribes-nsn.gov/Residents>  
 (360) 716-4000  
 6406 Marine Drive Tulalip, WA  
 M-F 8:30am - 4pm


Emergency shelter, basic support, food support, health care access

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## STILLAGUAMISH TRIBE OF INDIANS

 <https://www.stillaguamish.com>

 [info@stillaguamish.com](mailto:info@stillaguamish.com)

 (360) 652-7362


 3322 236th St NE Arlington, WA

Variety of support programs, financial assistance & clinics to tribal members

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## SAUK-SUIATTLE INDIAN TRIBE

 <http://www.sauk-suiattle.com>

 (360) 436-0131

 5318 Chief Brown Ln, Darrington, WA

 M-F 8:30am - 4:30pm


Variety of support programs, financial assistance & clinics to tribal members


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# TRANSPORTATION


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## COMMUNITY TRANSIT

 <https://www.communitytransit.org/>

 (425) 353-7433

 multiple, call for specific location


 M-F 5:30am - 8pm

Transit planning, low income fares

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## HOPELINK MEDICAID TRANSPORTATION

 <http://bit.ly/hopelink-snoho>

 (855) 766-7433

 8990 154th Avenue Northeast Redmond, WA

Low and no cost transportation to and from non-emergency medical appointments


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## SNOHOMISH COUNTY TRANSPORTATION COALITION

 <https://www.gosnotrac.org/transportation-resources>

 [info@gosnotrac.org](mailto:info@gosnotrac.org)

 (425) 309- 0836

 3201 Smith Ave, Ste 215 Everett, WA


Listing of low cost and no cost transportation options for folks in Snohomish & King counties

## COLLEGES & UNIVERSITIES

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### EDMONDS COMMUNITY COLLEGE, EQUITY AND DIVERSITY CENTER

 <https://www.edcc.edu/equityandinclusion/default.html>

 (425) 640-1456

 20000 68th Ave W, Lynnwood, WA

Support for students of Edmonds Community College, resources & referrals, social events & activities

# ABOUT INGERSOLL GENDER CENTER

Ingersoll Gender Center is an organization by, and for transgender and gender diverse people that provides mutual support through peer-led support groups, advocacy in navigating resources, community organizing, and education – all in the pursuit of our collective self-determination.

## INGERSOLL GENDER CENTER OFFERS FINANCIAL ASSISTANCE FOR:

### Financial Assistance

For transgender and gender nonconforming community members experiencing crisis.

### Amending Identification Documents

Financial assistance for community members who need support changing their name or amending their identity documents to reflect their name and gender identity.

### Gender Affirming Clothes

Financial support for community members to buy gender affirming clothing items while looking for new work or transitioning on the job in Seattle.


### Support for Stable Housing


Up to \$300.00 per year of financial assistance for community members to cover expenses related to maintaining stable housing. Find more information on our website!



 [ingersollgendercenter.org](https://ingersollgendercenter.org)

 [support@ingersollgendercenter.org](mailto:support@ingersollgendercenter.org)

 (206) 849-7859

 911 E Pike St, Suite #221  
Seattle, WA 98122